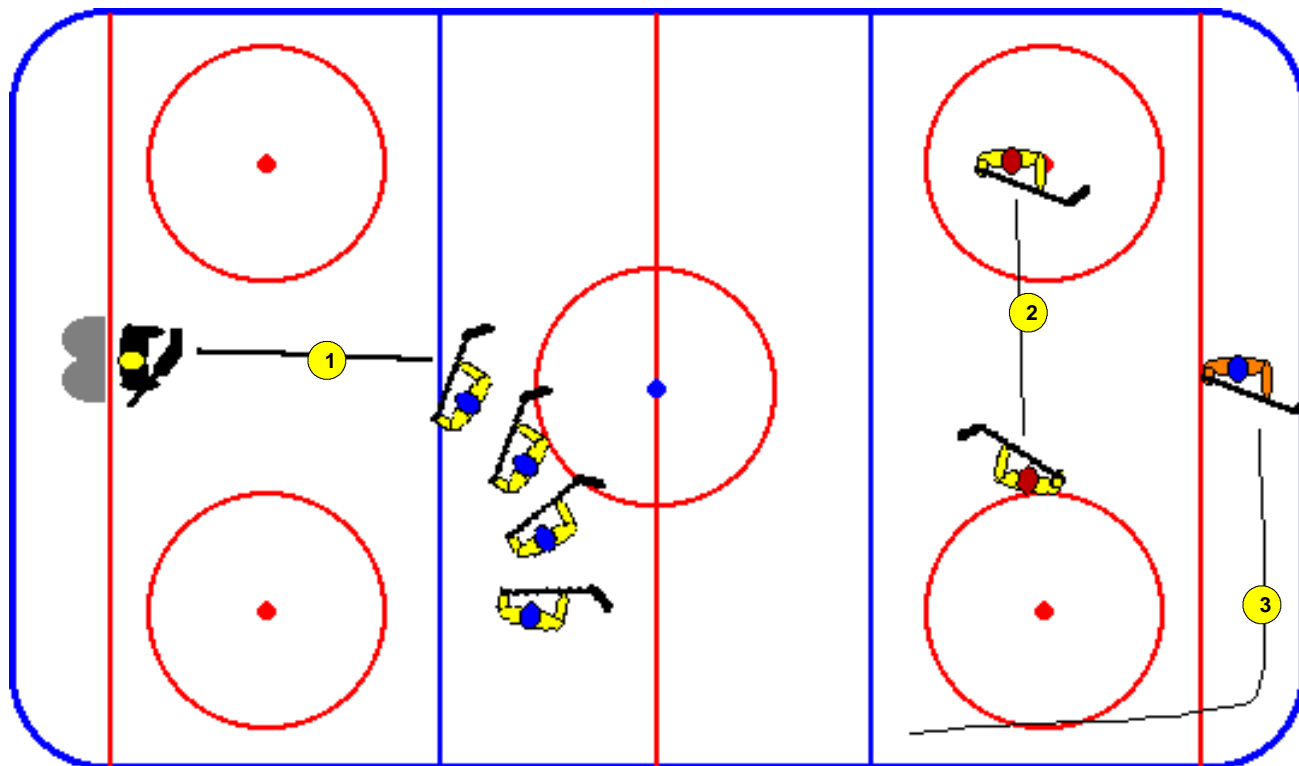


Just a demonstration Shooting Drill

Drill : Shooting

Page 1



The description can be any length

The circles can be used to denote step sequences

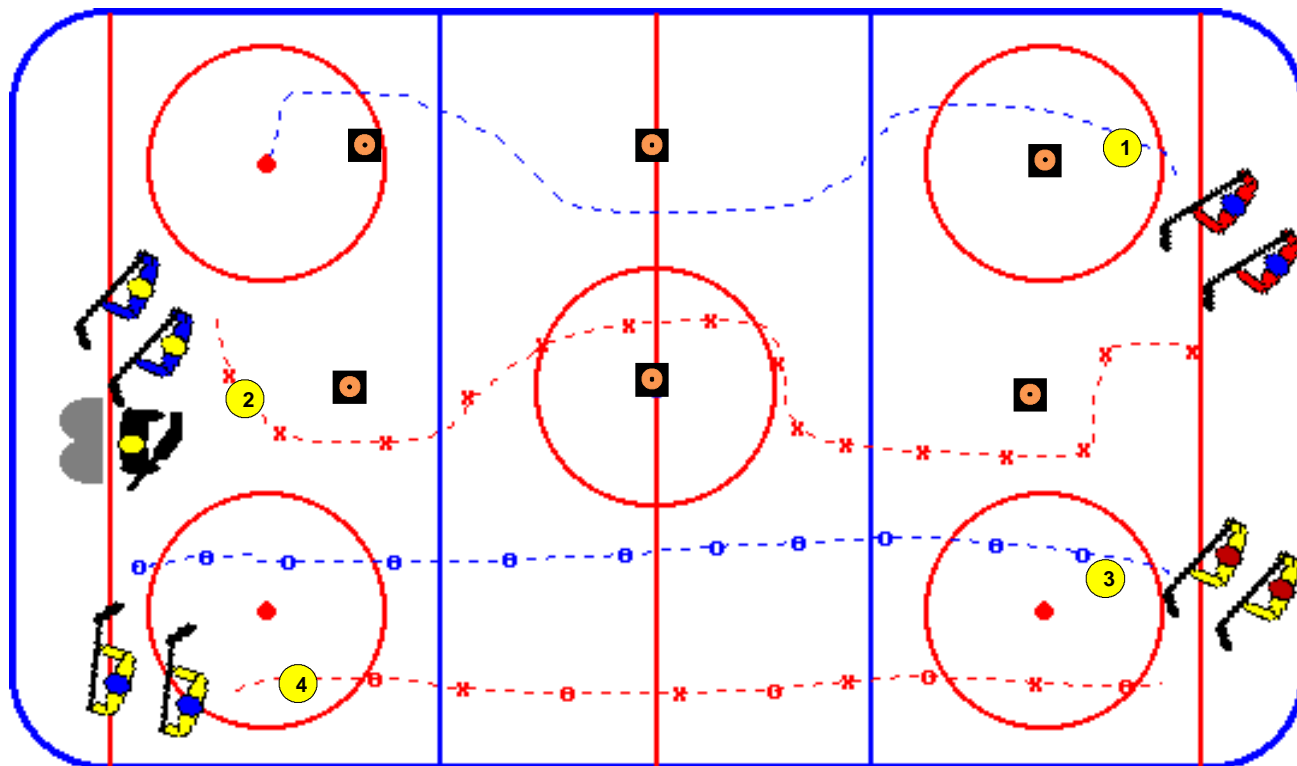
This drill just shows what the line elements for passing and shooting lines look like

- 1 Shot
- 2 Pass
- 3 Wrap around pass

Just a test drill to show skating types

Drill : Skating

Page 2



The drill description can be any length

This drill just demonstrates a the line tools available in the system

The circles donate step sequence but here I am using it to describe skating "types"

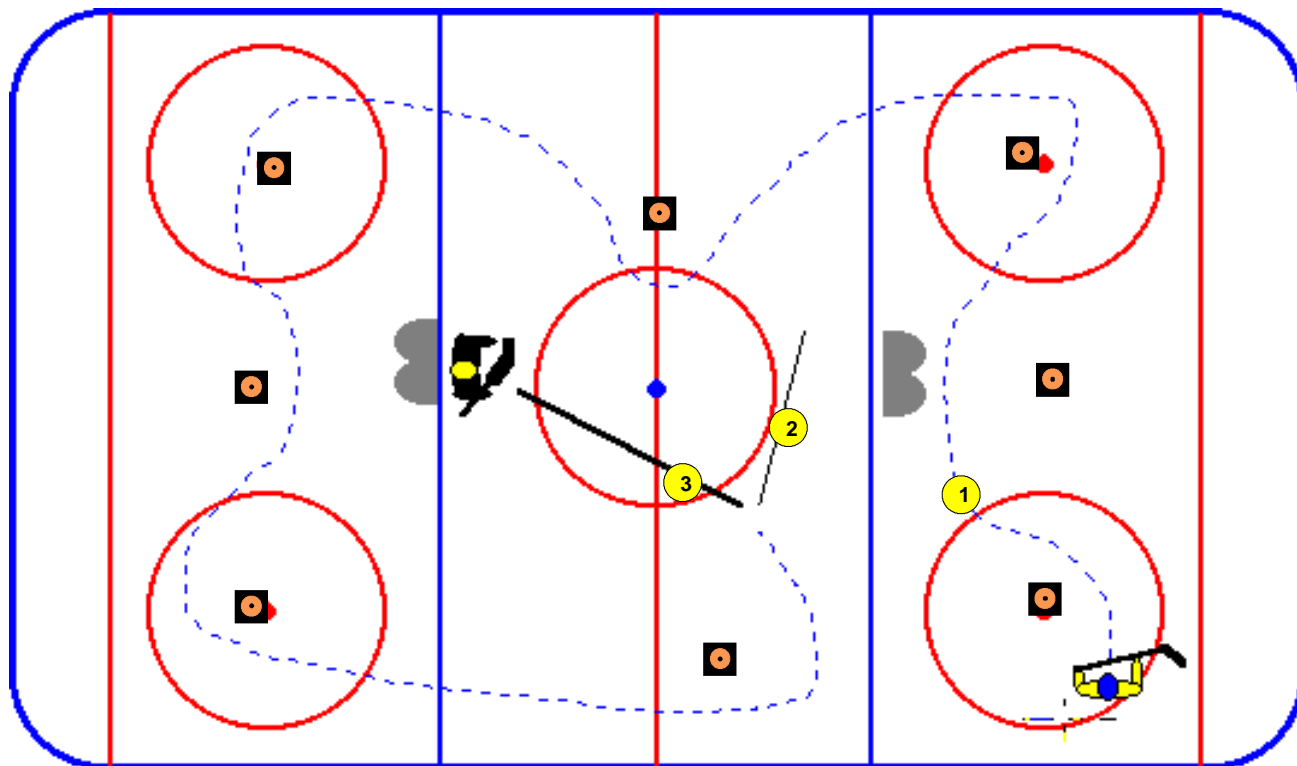
- 1 Skating forwards
- 2 Skatinig backwards
- 3 Stick handle forward
- 4 Stick handle backwards

Also note that
the player shirts and helmet colors can be set to any color desired.
you have three different player types goalies, lefties and righties (the players at step 4 are righties)

Just another demonstration drill

Drill : Skating

Page 3



The drill description can be any length

This drill just shows that you can place the pylons (20 per drill) and the goals anywhere on the ice

The circles denote step sequences

- 1 Skate forward round the pylons
- 2 Coach makes a pass
- 3 Player make a shot on goal